

Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of commonly prescribed preventive medications. The medications are categorized based on the medical conditions that they are used to prevent. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

This list is periodically reviewed and updated to ensure that the drugs listed meet the criteria for inclusion.

Medications on this list that are not covered under your plan are not eligible for the preventive medication program.

Preventive Medications List

BONE DISEASE AND FRACTURES

ACTONEL

RISEDRONATE

BONIVA

IBANDRONATE

EVISTA

RALOXIFENE

FOSAMAX, FOSAMAX PLUS D

ALENDRONATE

RECLAST

ZOLEDRONIC ACID

CAVITIES

STANNOUS FLUORIDE PASTE AND RINSE

CLINPRO, PHOS-FLUR

SODIUM FLUORIDE PASTE AND RINSE

COLONOSCOPY PREPARATION

GOLYTELY, SUCLEAR, NULYTELY, MOVIPREP

POLYETHYLENE GLYCOL

OSMOPREP, SUPREP

PREPOPIK

HEART DISEASE AND STROKE

BLOOD THINNER MEDICINES:

ASPIRIN, 81 MG, 162MG OR 325 MG

AGGRENOX

BRILINTA

COUMADIN

WARFARIN

EFFIENT

ELIQUIS

PERSANTINE

DYPYRIDAMOLE

PLAVIX

CLOPIDOGREL

PRADAXA

TICLID

TICLOPIDINE

XARELTO

ZONTIVITY

CHOLESTEROL LOWERING MEDICINES

HMG-COA REDUCTASE INHIBITORS:

CRESTOR

LIPITOR

ATORVASTATIN

MEVACOR

LOVASTATIN

PRAVACHOL

PRAVASTATIN

ZOCOR

SIMVASTATIN

OTHER AGENTS:

ADVICOR

COLESTID

COLESTIPOL

LOPID

GEMFIBROZIL

NIACOR, NIASPAN ER

NIACIN

PREVALITE, QUESTRAN

CHOLESTYRAMINE

SIMCOR

TRICOR, ANTARA

FENOFIBRATE

TRILIPIX

FENOFIBRIC ACID

WELCHOL

Preventive Medications List

HIGH BLOOD PRESSURE

ACE INHIBITORS:

ACCUPRIL

QUINAPRIL

LOTENSIN

BENAZEPRIL

PRINIVIL, ZESTRIL

LISINAPRIL

UNIVASC

MOEXIPRIL

VASOTEC

ENALAPRIL

ACE INHIBITORS/DIURETIC COMBINATIONS:

ACCURETIC

QUINAPRIL/HCTZ

LOTENSIN HCT

BENAZEPRIL/HCTZ

UNIRETIC

MOEXIPRIL/HCTZ

VASERETIC

ENALAPRIL/HCTZ

ZESTORETIC

LISINAPRIL/HCTZ

ANGIOTENSIN II RECEPTOR ANTAGONISTS:

ATACAND

CANDESARTAN

AVAPRO

IRBESARTAN

COZAAR

LOSARTAN

DIOVAN

VALSARTAN

ANGIOTENSIN II RECEPTOR ANTAGONISTS/ DIURETIC COMBINATIONS:

ATACAND HCT

CANDESARTAN/HCTZ

AVALIDE

IRBESARTAN/HCTZ

DIOVAN HCT

VALSARTAN/HCTZ

HYZAAR

LOSARTAN/HCTZ

BETA BLOCKERS:

BYSTOLIC

INDERAL LA, INNOPRAN XL

PROPRANOLOL

TENORMIN

ATENOLOL

TOPROL XL

METOPROLOL

ZEBETA

BISOPROLOL

BETA BLOCKERS/DIURETIC COMBINATIONS:

PROPRANOLOL/HCTZ

CORZIDE

NADOLOL/BENDROFLUMETHIAZIDE

LOPRESSOR HCT

METOPROLOL/HCTZ

TENORETIC

ATENOLOL/CHLORTHALIDONE

ZIAC

BISOPROLOL/HCTZ

Preventive Medications List

CALCIUM CHANNEL BLOCKERS:

ADALAT CC, PROCARDIA XL

NIFEDIPINE

CALAN, VERELAN

VERAPAMIL

CARDIZEM, CARDIZEM LA, TIAZAC

DILTIAZEM

NORVASC

AMLODIPINE

SULAR

NISOLDIPINE

DIURETICS:

CHLORTHALIDONE

HYDROCHLOROTHIAZIDE

INDAPAMIDE

ZAROXOLYN

METOLAZONE

OTHER HIGH BLOOD PRESSURE

MEDICINE COMBINATIONS:

AZOR

CADUET

AMLODIPINE/ATORVASTATIN

EXFORGE

EXFORGE HCT

LOTREL

AMLODIPINE/BENAZEPRIL

TARKA

TRIBENZOR

TWYNSTA

AMLODIPINE/TELMISARTAN

RESPIRATORY SYNCYTIAL VIRUS

SYNAGIS

MALARIA

CHLOROQUINE

MEFLOQUINE

PRIMAQUINE

MALARONE

ATOVAQUONE/PROGUANIL

INFLUENZA

AMANTADINE

FLUMADINE

RIMANTADINE

OBESITY

DIETHYLPROPION

ADIPEX-P

PHENTERMINE

BELVIQ

BONTRIL PDM

PHENDIMETRAZINE

QSYMIA

XENICAL

SMOKING-CESSATION *

CHANTIX

NICOTROL/NICODERM CQ

NICOTINE PRODUCTS

ZYBAN

BUPROPION SR 150MG

IMMUNIZATION: *

DIPHTHERIA, PERTUSSIS, TETANUS,

HAEMOPHILUS INFLUENZAE B,

HEPATITIS A AND B, JE-VAX, TYPHIM,

VARICELLA, ZOSTER, HUMAN

PAPILLOMAVIRUS, INFLUENZA,

MEASLES, MENINGOCOCCAL, MUMPS,

PNEUMOCOCCAL, POLIOVIRUS,

ROTAVIRUS, RUBELLA

Preventive Medications List

VITAMINS OR MINERALS

FOLIC ACID*

PRESCRIPTION PRENATAL

VITAMINS

PEDIATRIC MULTIVITAMINS WITH

FLUORIDE*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your ID card or visit our website www.express-scripts.com.

Please note: Brand names are shown in italics in each category. If generics are available, they are listed under the brand name.

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